

## **Day 1 Rochester, NY to Buffalo, NY by bike 66 miles**

### **1 Morrie Silver Way Rochester, NY 14608**

1. Head northeast on Morrie Silver Way toward Verona St 0.1 mi
2. Take the 1st right onto Plymouth Ave N 0.4 mi
3. Turn right at Main St W 1.1 mi
4. Slight right at West Ave 0.8 mi
5. Turn right at Buffalo Rd 0.5 mi
6. At the traffic circle, continue straight onto NY-33 W/Buffalo Rd 15.7 mi
7. Turn right to stay on NY-33 W/Buffalo Rd Continue to follow NY-33 W 12.7 mi
8. Turn right at NY-5 W/E Main St Continue to follow NY-5 W 27.7 mi
9. Turn right at NY-78 N/Transit Rd 1.7 mi
10. Turn left at Maple Rd 4.5 mi
11. Turn right at Amherst Manor Dr Destination will be on the right 0.3 mi

### **1615 Amherst Manor Dr Buffalo, NY 14221**

## **Day 2 Buffalo, NY to Pittsburgh, PA**

### **Buffalo, NY to Grove City, PA by car 169 miles**

#### **Buffalo, NY**

1. Head south toward Perkins Dr 164 ft
2. Exit the traffic circle onto Perkins Dr 325 ft
3. Turn left at S Elmwood Ave 0.1 mi
4. Turn right at Church St 0.2 mi
5. Merge onto I-190 S via the ramp to I-90/NY-5 W/Skyway 5.1 mi
6. Take exit 54-61 to merge onto I-90 W toward Erie Partial toll road Entering Pennsylvania 94.3 mi

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| 7. Take exit 22A to merge onto I-79 S toward Pittsburgh                              | 65.2 mi |
| 8. Take exit 113 for PA-208/PA-258 toward Grove City                                 | 0.2 mi  |
| 9. Turn left at PA-208 E/PA-258 S/Leesburg-Grove City Rd Continue to follow PA-208 E | 3.9 mi  |
| 10. Turn right at W Main St  | 13 ft   |

[Grove City, PA](#)

**Grove City, PA to Pittsburgh, PA by bike 64.5 miles**

[Grove City, PA](#)

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| 1. Head southeast on W Main St toward S Broad St                     | 0.3 mi  |
| 2. Turn right at Liberty St  | 0.5 mi  |
| 3. Continue onto PA-173 S/Liberty St Exd Continue to follow PA-173 S | 6.1 mi  |
| 4. Slight right at Franklin St                                       | 0.3 mi  |
| 5. Turn left at S Main St  | 0.6 mi  |
| 6. Slight right at W Liberty St                                      | 0.2 mi  |
| 7. Continue onto Slippery Rock Rd                                    | 3.3 mi  |
| 8. Continue onto Hill Rd/State Route 4011                            | 0.4 mi  |
| 9. Turn left at W Liberty Rd   | 167 ft  |
| 10. Take the 1st right to stay on W Liberty Rd                       | 1.6 mi  |
| 11. Turn right at PA-528 S/Prospect Rd Continue to follow PA-528 S   | 15.5 mi |
| 12. Turn left at PA-528 S/Prospect Rd Continue to follow PA-528 S    | 1.0 mi  |
| 13. Turn right at E Main St  | 0.2 mi  |
| 14. Turn left at Pioneer Rd  | 0.2 mi  |
| 15. Continue onto Franklin Rd  | 0.7 mi  |

16. Turn right to stay on Franklin Rd	295 ft
17. Take the 1st left to stay on Franklin Rd	6.5 mi
18. Turn right to stay on Franklin Rd	0.3 mi
19. Take the 2nd right onto Mt Pleasant Rd	1.3 mi
20. Turn left at Northgate Dr	489 ft
21. Turn right at Warrendale Bayne Rd	5.7 mi
22. Turn left at Big Sewickley Creek Rd	0.8 mi
23. Continue onto Rochester Rd	1.1 mi
24. Turn right to stay on Rochester Rd	6.4 mi
25. Slight left at Rochester Rd/Rochester Lowries Run Rd Continue to follow Rochester Rd	0.9 mi
26. Continue onto Lowries Run Rd	0.3 mi
27. Continue onto Rochester Rd	1.3 mi
28. Continue onto Babcock Blvd	1.7 mi
29. Continue onto Peoples Rd	1.1 mi
30. Continue onto Evergreen Rd	0.1 mi
31. Turn left at Ivory Ave	233 ft
32. Continue onto Troy Hill Rd	0.2 mi
33. Continue onto Mt Troy Rd	0.4 mi
34. Turn right at Spring Garden Ave	1.5 mi
35. Turn right to stay on Spring Garden Ave	1.2 mi
36. Turn right to stay on Spring Garden Ave	0.5 mi

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| 37. Turn left at Chestnut St                                       | 0.4 mi |
| 38. Continue onto 16th St/16th St Bridge                           | 0.4 mi |
| 39. Turn right at Penn Ave   | 1.2 mi |
| 40. Turn right at Commonwealth PI Destination will be on the right | 0.1 mi |

[101 Commonwealth PI Pittsburgh, PA 15222](#)

### **Day 3 Pittsburgh, PA to Columbus, OH**

#### **Pittsburgh, PA to Zanesville, OH by car 131 miles**

[Pittsburgh, PA](#)

- |   |         |
|---|---------|
| 1. Head southwest on Grant St toward Oliver Ave                             | 0.3 mi  |
| 2. Turn right toward Grant St   | 33 ft   |
| 3. Turn left at Grant St  | 430 ft  |
| 4. Slight right onto the ramp to I-279 S/Ft Pitt Bridge/Airport             | 0.1 mi  |
| 5. Merge onto I-376 W   | 6.1 mi  |
| 6. Take exit 64A to merge onto I-79 S toward Washington                     | 21.1 mi |
| 7. Take exit 38 to merge onto I-70 W toward Wheeling Entering West Virginia | 26.7 mi |
| 8. Slight left at I-470 W (signs for Columbus) Entering Ohio                | 10.9 mi |
| 9. Merge onto I-70 W  | 64.3 mi |
| 10. Take exit 155 toward OH-60/OH-146/Underwood St                          | 0.2 mi  |
| 11. Merge onto Elm St   | 443 ft  |
| 12. Continue onto 7th St  | 0.1 mi  |
| 13. Turn left at N 6th St   | 0.2 mi  |
| 14. Take the 2nd right onto Market St                                       | 358 ft  |
| 15. Take the 1st left onto N 5th St   | 0.1 mi  |

16. Take the 1st right onto Main St 0.4 mi

[Zanesville, OH](#)

### **Zanesville, OH to Columbus, OH by bike 54.4 miles**

[Zanesville, OH](#)

1. Head west on US-40 W/Main St toward Linden Ave Continue to follow US-40 W 42.5 mi
2. Turn right at Lancaster Ave 2.0 mi
3. Turn left at E Broad St 9.8 mi
4. Turn left at S 3rd St 453 ft

[Columbus, OH](#)

### **Day 5 Columbus, OH to Indianapolis, IN**

### **Columbus, OH to Richmond, IN by car 104 miles**

[Columbus, OH](#)

1. Head west on E State St toward S High St 0.2 mi
2. Turn right at S Front St 0.1 mi
3. Take the 1st left onto W Broad St 2.2 mi
4. Turn right onto the I-70 W ramp to Dayton 295 ft
5. Keep left at the fork to continue toward I-70 W and merge onto I-70 W Entering Indiana 97.3 mi
6. Take exit 156A for US-40 W/National Rd 0.3 mi
7. Merge onto US-40 W/National Rd E Continue to follow US-40 W 3.4 mi
8. Continue onto E Main St 0.5 mi

[Richmond, IN](#)

### **Richmond, IN to Indianapolis, IN by bike 67.7 miles**

[Richmond, IN](#)

1. Head north on IN-227 N/US-27 N/S 9th St toward E Main St 0.1 mi
2. Take the 3rd left onto N a St 0.3 mi

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| 3. Slight left at N 3rd St   | 0.3 mi  |
| 4. Take the 2nd right onto S a St  | 0.3 mi  |
| 5. Continue onto US-40 W   | 60.0 mi |
| 6. Turn left at S Franklin Rd  | 0.8 mi  |
| 7. Take the 2nd right onto English Ave   | 2.0 mi  |
| 8. Turn left at S Arlington Ave  | 1.5 mi  |
| 9. Turn right at E Raymond St  | 1.0 mi  |
| 10. Turn left at S Emerson Ave   | 1.2 mi  |
| 11. Turn right at the 2nd cross street onto Main St Destination will be on the right | 0.3 mi  |

[602 Main St Beech Grove, IN 46107](#)

### **Day 6 Indianapolis, IN to Champaign, IL**

#### **Indianapolis, IN to Hillsboro, IN by car 62.9 miles**

[Indianapolis, IN](#)

- |   |         |
|---|---------|
| 1. Head east toward E Market St                     | 0.1 mi  |
| 2. Exit the traffic circle onto N Meridian St       | 0.3 mi  |
| 3. Turn left at W Michigan St                       | 3.1 mi  |
| 4. Slight right to stay on W Michigan St            | 148 ft  |
| 5. Turn right at N Tibbs Ave                        | 0.9 mi  |
| 6. Turn left at W 16th St                           | 1.3 mi  |
| 7. Continue onto Crawfordsville Rd                  | 1.9 mi  |
| 8. Continue onto US-136 E                           | 0.3 mi  |
| 9. Continue onto I-74 W                             | 48.0 mi |
| 10. Take exit 25 for IN-25 toward Waynetown/Wingate | 0.4 mi  |

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| 11. Turn left at IN-25 S   | 1.2 mi |
| 12. Turn right at US-136 W/W Washington St Continue to follow US-136 W | 5.1 mi |
| 13. Turn right at Thompson St  | 0.2 mi |
| 14. Turn left at Wright St   | 157 ft |

[Hillsboro, IN](#)

**Hillsboro, IN to Champaign, IL by bike 58.8 miles**

[Hillsboro, IN](#)

- |   |         |
|---|---------|
| 1. Head east on Wright St toward Thompson St                                    | 157 ft  |
| 2. Turn right at Thompson St  | 0.2 mi  |
| 3. Turn right at US-136 W/E Main St Continue to follow US-136 W                 | 4.6 mi  |
| 4. Turn right at US-136 W/US-41 N   | 0.6 mi  |
| 5. Turn left at US-136 W/E 2nd St Continue to follow US-136 W                   | 7.9 mi  |
| 6. Turn left at Liberty St  | 0.7 mi  |
| 7. Turn right at 3rd St   | 0.4 mi  |
| 8. Turn left at US-136 W/Pearl St Continue to follow US-136 W Entering Illinois | 12.9 mi |
| 9. Continue onto US-150 W/W Main St/Rte 150 W Continue to follow US-150 W       | 30.1 mi |
| 10. Turn left at E University Ave   | 1.3 mi  |
| 11. Turn right at Co Rd 1350 E/N Race St  | 338 ft  |
| 12. Turn left at W Park St Destination will be on the right                     | 16 ft   |

[206 W Park St Urbana, IL 61801](#)

**Day 7 Champaign, IL to Kankakee, IL by bike 81.2miles**

[Champaign, IL](#)

- |   |         |
|---|---------|
| 1. Head east on E University Ave toward N Walnut St                 | 2.0 mi  |
| 2. Turn left at US-45 N/N Cunningham Ave Continue to follow US-45 N | 13.6 mi |

3. Turn left at US-45 N/S Century Blvd Continue to follow US-45 N	34.6 mi
4. Turn left at US-45 N/N 800 East Rd/Co Rd 800 E Continue to follow US-45 N	8.3 mi
5. Continue onto Old Route 45	3.2 mi
6. Continue onto S Main St	1.1 mi
7. Turn left at 3000 North Rd/Washington St	144 ft
8. Continue onto 1100 E Rd	1.1 mi
9. Continue onto 1100 East Rd	0.4 mi
10. Continue onto N Old US Hwy 45	2.3 mi
11. Continue onto Oak St	0.5 mi
12. Turn left at W Chebanse Ave/Co Rd 3400 N/Co Rd S 800 W	190 ft
13. Take the 1st right onto S 2000W Rd/N Chestnut St	72 ft
14. Turn right to stay on S 2000W Rd/N Chestnut St Continue to follow S 2000W Rd	7.1 mi
15. Continue onto IL-115 N	2.1 mi
16. Turn left at Southeast Ave	0.5 mi
17. Turn right at McMullin Dr	0.2 mi
18. Continue onto S Washington Ave	0.4 mi
19. Turn left at W Court St	0.4 mi
20. Turn right at US-45 N/US-52 W/Kennedy Dr Continue to follow US-45 N/US-52 W	2.4 mi
21. Turn left at E Marsile St	328 ft
22. Continue onto Main St NW	0.4 mi

23. Turn left at Stratford Dr E Destination will be on the left

0.5 mi

[747 Stratford Dr E Bourbonnais, IL 60914](#)

**Day 8 Kankakee, IL to Chicago, IL by bike 60.3 miles**  
[Bourbonnais, IL](#)




1. Head east on Heritage Dr toward N Convent St 0.2 mi
2. Turn left at US-45 N/N Convent St Continue to follow US-45 N 46.2 mi
3. Turn right at E Ogden Ave 11.5 mi
4. Turn right at W Jackson Blvd 2.0 mi
5. Turn left at S La Salle St 0.4 mi
6. Turn right at W Washington St Destination will be on the left 0.1 mi

[50 W Washington St Chicago, IL 60602](#)

**Day 10 Chicago, IL to Springfield, IL via Leonore IL**

**Chicago, IL to North Utica, IL by car 89.7 miles**

Chicago, IL

1. Head **north** on **S Morgan St** toward **W Cermak Rd**  0.1 mi
2. Turn **right** at **W Cermak Rd**  59 ft
3. Slight **left** at **S Canalport Ave**  0.3 mi
4. Turn **right** onto the ramp to **I-55 S**  0.1 mi
5. Keep **right** at the fork, follow signs for **I-55 S** and merge onto **I-55 S**  42.1 mi
6. Take exit **250B** to merge onto **I-80 W** toward **Iowa**  45.0 mi
7. Take exit **81** for **IL-178** toward **Utica/La Salle**  0.2 mi
8. Turn **left** at **IL-178 S/E 8th Rd**  1.9 mi  
Continue to follow IL-178 S

North Utica, IL

**North Utica, IL to Minonk, IL by bike 34.8 miles**

[North Utica, IL](#)

1. Head south on N Division St toward W Grove St 0.1 mi
2. Turn left at W Canal St 0.1 mi

3. Turn right at IL-178 S/S Clark St Continue to follow IL-178 S 7.3 mi
4. Continue onto E 8th Rd 1.0 mi
5. Turn left at N 20th Rd 1.5 mi
6. Turn right at E 950th Rd 3.0 mi
7. Turn right at N 17th Rd/Spitzer Rd 1.5 mi
8. Turn left at E 8th Rd 5.0 mi
9. Turn right at N 12th Rd 1.0 mi
10. Turn left at E 7th St 6.3 mi
11. Turn right at N 6th Rd 69 ft
12. Turn left at E 7th Rd 6.0 mi
13. Continue onto Co Rd 2700 E 1.0 mi
14. Continue onto Mary's St 0.4 mi
15. Turn right toward Maple Ave 0.2 mi
16. Turn left at Maple Ave 246 ft
17. Turn right at E 7th St 0.2 mi

[Minonk, IL](#)

**Minonk, IL to Lincoln, IL by car 64.5 miles**

[Minonk, IL](#)

1. Head east on W 7th St toward N Chestnut St 108 ft
2. Take the 1st left onto N Chestnut St 0.5 mi
3. Continue onto Co Rd 2200 N 1.1 mi
4. Turn left to merge onto I-39 S 26.4 mi

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| 5. Take the I-74 exit toward Peoria/Champaign                | 0.9 mi  |
| 6. Merge onto I-55 S   | 31.1 mi |
| 7. Take exit 133 toward I-55 BUS/Lincoln                     | 0.4 mi  |
| 8. Turn left at Interstate 55 Business Loop S/N Lincoln Pkwy | 2.2 mi  |
| 9. Turn left toward N Kickapoo St                            | 197 ft  |
| 10. Turn right at N Kickapoo St                              | 1.1 mi  |
| 11. Take the 3rd right onto Keokuk St                        | 367 ft  |
| 12. Take the 2nd left onto N Chicago St                      | 0.4 mi  |
| 13. Take the 3rd right onto Broadway St                      | 479 ft  |

[Lincoln, IL](#)

**Lincoln, IL to Springfield, IL by bike 32.2 miles**

[Lincoln, IL](#)

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| 1. Head northwest on Broadway St toward S Logan St | 131 ft |
| 2. Turn left at S Logan St                         | 0.1 mi |
| 3. Turn right at 5th St                            | 0.3 mi |
| 4. Turn left at Elm St                             | 135 ft |
| 5. Turn right toward S State St                    | 0.2 mi |
| 6. Turn left at S State St                         | 23 ft  |
| 7. Turn right toward S Monroe St                   | 0.1 mi |
| 8. Turn left at S Monroe St                        | 0.1 mi |
| 9. Turn right at 3rd St                            | 0.2 mi |
| 10. Turn left at S Washington St                   | 0.1 mi |

11. Continue onto Stringer Ave	0.4 mi
12. Turn left at Interstate 55 Business Loop S/Lincoln Pkwy	2.1 mi
13. Turn left at Frontage Rd	0.5 mi
14. Continue onto Historic U.S. 66 W	3.0 mi
15. Turn left at 800 Ave/Logan County 22 Continue to follow Logan County 22	2.9 mi
16. Continue onto Frontage Rd	0.9 mi
17. Continue onto Logan County 10	0.3 mi
18. Turn right at Kennedy St	0.4 mi
19. Continue onto 700 St	0.5 mi
20. Continue onto Kennedy St	0.1 mi
21. Turn left at 500th Ave/Co Rd 500 E	1.5 mi
22. Turn left at 450th Ave/Co Rd 450 E	0.9 mi
23. Continue onto 357th Ave/N Lincoln Pkwy	1.4 mi
24. Continue onto W Outer Rd	2.0 mi
25. Turn left at Stuttle Rd	171 ft
26. Continue onto W Outer Rd	4.4 mi
27. Turn right at Sudouth Dr/Wolf Creek Rd	463 ft
28. Sudouth Dr/Wolf Creek Rd turns slightly right and becomes Sudduth Rd	0.3 mi
29. Turn left at Co Rd 2 3/4 E/Village Center Rd	0.9 mi
30. Turn right at Village Center Dr	0.2 mi
31. Turn right at E Andrew Rd/Co Rd 6 1/2 N	463 ft

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| 32. Turn left at Parkway Dr  | 0.6 mi |
| 33. Turn left at Flagglan Dr   | 381 ft |
| 34. Turn left at St Johns Dr   | 217 ft |
| 35. Turn right at I-55 Loop S/I-55 BUS S/S Sherman Blvd Continue to follow I-55 Loop S/I-55 BUS S                            | 2.0 mi |
| 36. Turn right at Chinchilla Ln  | 210 ft |
| 37. Slight left at Johns Rd  | 0.1 mi |
| 38. Continue onto Sand Hill Rd   | 0.3 mi |
| 39. Turn right at I-55 Loop S/I-55 BUS S/N Peoria Rd   | 1.0 mi |
| 40. Turn left at I-55 Loop S/Color Plant Rd/I-55 BUS S/N Peoria Rd/N Waterworks Rd Continue to follow I-55 Loop S/I-55 BUS S | 3.1 mi |
| 41. Turn right at E Jefferson St   | 0.5 mi |
| 42. Turn left at N 2nd St  | 0.3 mi |

[S 2nd St & E Capitol Ave Springfield, IL](#)

### **Day 11 Springfield, IL to St. Louis, MO**

#### **Springfield, IL to Modesto, IL by car 38.1 miles**

[Springfield, IL](#)

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| 1. Head east on E Myrtle St toward S 5th St  | 95 ft   |
| 2. Take the 1st right onto I-55 Loop S/S 5th St/I-55 BUS S Continue to follow I-55 Loop S/I-55 BUS S | 3.2 mi  |
| 3. Merge onto I-55 S   | 9.9 mi  |
| 4. Take exit 82 for IL-104 toward Auburn/Pawnee  | 0.4 mi  |
| 5. Turn right at IL-104 W  | 16.6 mi |
| 6. Turn left at IL-111 S/S Miller St Continue to follow IL-111 S                                     | 8.1 mi  |

[Modesto, IL](#)

## **Modesto, IL to St. Louis, MO by bike 68.5 miles**

[110 Pearl St Modesto, IL 62667](#)

1. Head west on 9 Mile Rd/Co Rd 13/State St toward Main St 335 ft
2. Take the 2nd left onto Main St 0.3 mi
3. Continue onto IL-111 S/9000E Continue to follow IL-111 S 25.0 mi
4. Turn left at IL-111 S/IL-267 S 9.1 mi
5. Slight right at IL-111 S/IL-267 S/N Maple St Continue to follow IL-111 S/IL-267 S 6.2 mi
6. Turn left at Godfrey Rd 2.5 mi
7. Turn left at US-67 S/Martin Luther King Dr Continue to follow US-67 S 4.4 mi
8. Turn right to stay on US-67 S Entering Missouri 6.5 mi
9. Continue onto MO-367 S/Lewis and Clark Blvd 6.9 mi
10. At the traffic circle, take the 4th exit onto Halls Ferry Rd 1.0 mi
11. Continue onto N 3rd St/N Broadway Continue to follow N Broadway 6.6 mi
12. Turn right at Pine St Destination will be on the left 177 ft

[500 Pine St St Louis, MO 63101](#)

## **Day 12 St. Louis, MO to Kansas City, MO**

### **St. Louis, MO to Waverly, MO by car 201 miles**

[St Louis, MO](#)

1. Head southeast on Cozens Ave toward Francis St 115 ft
2. Take the 1st right onto Francis St 0.1 mi
3. Turn left at Dr Martin Luther King Dr 164 ft
4. Sharp right at Page Blvd 0.1 mi
5. Take the 1st left onto N Grand Blvd 1.0 mi
6. Turn right to merge onto I-64 W 28.0 mi

7. Continue onto US-40 W/US-61 N 9.6 mi
8. Merge onto I-70 W/US-40 W via the ramp to Kansas City Continue to follow I-70 W 132 mi
9. Take exit 78B to merge onto US-65 N toward Marshall 29.6 mi
10. Turn left at US-24 W/E Walnut St 0.2 mi
11. Take the 1st right to stay on US-24 W/E Walnut St 0.8 mi
12. Turn right at E Washington St 0.1 mi
13. Turn left at W Kelling Ave 95 ft

[Waverly, MO](#)

**Waverly, MO to Kansas City, MO by bike 62.6 miles**

[Waverly, MO](#)

1. Head east on W Kelling Ave toward E Washington St 95 ft
2. Take the 1st right onto E Washington St 0.1 mi
3. Turn right at US-24 W/W Walnut St Continue to follow US-24 W 59.1 mi
4. Turn left at Prospect Blvd 1.1 mi
5. Turn right at E 18 St/E 18th St Continue to follow E 18 St 1.7 mi
6. Turn left at Main St 0.5 mi

[Main St & E Pershing Rd Kansas City, MO 64108](#)

**Day 14 Kansas City, MO to Lincoln, NE**

**Kansas City, MO to Nebraska City, NE by car 144 miles**

[Kansas City, MO](#)

1. Head south on Oak St toward E 13th St 459 ft
2. Take the 1st right onto E 13th St 0.5 mi
3. Turn right at Broadway Blvd 0.6 mi

4. Continue onto US-169 N 5.2 mi
5. Take the exit on the left onto I-29 N/US-71 N toward K C I Airport/St Joseph  
Continue to follow I-29 N Entering Iowa 132 mi
6. Take exit 10 for IA-2 toward Sidney/Nebr City 0.2 mi
7. Turn left at NE-2 W/IA-2 W Continue to follow NE-2 W Entering Nebraska 3.5 mi
8. Turn right at 4th Corso 1.6 mi
9. Turn right at S 11th St 0.2 mi
10. Take the 3rd left onto 1st Corso 220 ft

[Nebraska City, NE](#)

**Nebraska City, NE to Lincoln, NE by bike 51.4 miles**

[Nebraska City, NE](#)

1. Head east on 1st Corso toward S 11th St 220 ft
2. Take the 1st right onto US-75 BUS S/S 11th St 1.6 mi
3. Turn right at NE-2 W/US-75 N/J Sterling Morton Beltway Continue to follow NE-2  
W 47.0 mi
4. Slight right toward S 13th St 0.1 mi
5. Continue straight onto S 13th St 2.5 mi
6. Turn right at K St Destination will be on the right 0.2 mi

[1445 K St Lincoln, NE 68508](#)

**Day 15 Lincoln, NE to Salina, KS**

**Lincoln, NE to Concordia, KS by car 131 miles**

[Lincoln, NE](#)

1. Head south on S 28th St toward Randolph St 236 ft
2. Turn right at Randolph St 390 ft

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| 3. Take the 1st left onto S 27th St   | 3.5 mi  |
| 4. Turn right at Old Cheney Rd  | 1.1 mi  |
| 5. Turn left at Warlick Blvd  | 1.1 mi  |
| 6. Turn left at US-77 S/Homestead Expy/Salt Valley Roadway Continue to follow US-77 S | 34.9 mi |
| 7. Turn right at Court St   | 2.0 mi  |
| 8. Continue onto US-136 W/S Reed St Continue to follow US-136 W                       | 45.9 mi |
| 9. Turn left at US-81 S Entering Kansas   | 41.9 mi |
| 10. Turn right at E 7th St  | 0.3 mi  |
| 11. Take the 3rd right onto State St  | 118 ft  |

[Concordia, KS](#)

**Concordia, KS to Salina, KS by bike 54.5 miles**

[Concordia, KS](#)

- |   |        |
|---|--------|
| 1. Head south on State St toward W 7th St | 118 ft |
| 2. Turn left at W 7th St                  | 0.2 mi |
| 3. Turn right at Broadway St              | 0.4 mi |
| 4. Turn left at E 13th St                 | 0.2 mi |
| 5. Turn right at Kansas St                | 0.1 mi |
| 6. Turn left at E 15th St                 | 476 ft |
| 7. Turn right at Olive St                 | 0.1 mi |
| 8. Turn left at E 17th St                 | 472 ft |
| 9. Turn right at Spruce St                | 0.2 mi |
| 10. Turn right at Archer St               | 381 ft |

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| 11. Archer St turns left and becomes E 20th St                            | 0.1 mi  |
| 12. Turn right at Hill St   | 52 ft   |
| 13. Continue onto 150th Rd/Co Rd 787                                      | 2.3 mi  |
| 14. Turn left at Co Rd 366/Oak Rd/Oat Rd                                  | 1.5 mi  |
| 15. Turn right at 165th Rd  | 1.0 mi  |
| 16. Turn left at Co Rd 368/Noble Rd                                       | 0.4 mi  |
| 17. Slight right toward 170th Rd/Co Rd 791                                | 0.1 mi  |
| 18. Continue straight onto 170th Rd/Co Rd 791 Continue to follow 170th Rd | 26.0 mi |
| 19. Turn left at Limestone Rd   | 1.0 mi  |
| 20. Turn right at N 180th Rd  | 6.5 mi  |
| 21. Continue onto N Nelson St   | 0.7 mi  |
| 22. Continue onto N 180th Rd  | 1.9 mi  |
| 23. Turn left to stay on N 180th Rd                                       | 2.9 mi  |
| 24. Continue onto N Ohio St   | 7.5 mi  |
| 25. Turn left at E North St   | 0.4 mi  |
| 26. Turn right Destination will be on the left                            | 0.5 mi  |

[Lakewood Park Salina, Kansas 67401](#)

### **Day 16 Salina, KS to Colby, KS**

**Salina, KS to Quinter, KS by car 149 miles**

[Salina, KS](#)

- |   |        |
|---|--------|
| 1. Head north on S 8th St toward W Iron Ave | 92 ft  |
| 2. Take the 1st left onto W Iron Ave        | 272 ft |

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|---|--------|
| 3. Take the 1st right onto N 9th St                   | 2.5 mi |
| 4. Turn left to merge onto I-70 W/US-40 W toward Hays | 145 mi |
| 5. Take exit 107 toward Quinter                       | 0.2 mi |
| 6. Turn right at KS-212 E                             | 0.5 mi |
| 7. Turn left at Main St                               | 0.6 mi |
| 8. Turn right at Old Hwy 40                           | 0.2 mi |

[Quinter, KS](#)

**Quinter, KS to Colby, KS by bike 64.5 miles**

[Quinter, KS](#)

- |  |         |
|--|---------|
| 1. Head northwest on Old Hwy 40 toward Park St                               | 6.0 mi  |
| 2. Turn right at Gove 62   | 1.0 mi  |
| 3. Turn left at Gove CC  | 1.5 mi  |
| 4. Continue onto Gove Dd   | 3.4 mi  |
| 5. Turn left at Gove 54  | 0.9 mi  |
| 6. Take the 1st right onto Old Hwy 40  | 1.0 mi  |
| 7. Take the 1st right onto KS-23 N   | 17.3 mi |
| 8. Turn left at US-24 W/Oak Ave (signs for Colby) Continue to follow US-24 W | 33.0 mi |
| 9. Turn right at N Court Ave   | 0.1 mi  |
| 10. Turn left at Fike Park St  | 0.1 mi  |
| 11. Turn right Destination will be on the right                              | 387 ft  |

[Fike Park Colby, Kansas 67701](#)

**Day 17 Colby, KS to Denver, CO**

**Colby, KS to Bennett, CO by car 200 miles**

[Colby, KS](#)

- |  |        |
|--|--------|
| 1. Head west on W 3rd St toward N Lincoln Ave  | 0.1 mi |
| 2. Take the 3rd right onto N Range Ave   | 361 ft |
| 3. Take the 1st left onto US-24 W/W 4th St Continue to follow US-24 W                  | 8.9 mi |
| 4. Turn right to merge onto I-70 W/US-24 W Continue to follow I-70 W Entering Colorado | 189 mi |
| 5. Take exit 306 toward E Colfax Ave   | 0.3 mi |
| 6. Slight right at E Colfax Ave  | 2.0 mi |
| 7. Turn right at Adams St  | 443 ft |
| 8. Turn left at Palmer Ave   | 112 ft |
| 9. Turn left to stay on Palmer Ave   | 138 ft |
| 10. Take the 1st right onto N 5th St   | 0.1 mi |

[Bennett, CO](#)

**Bennett, CO to Littleton, CO by bike 47.3 miles**

[Bennett, CO](#)

- |   |        |
|---|--------|
| 1. Head south on N 5th St toward Washington Ave           | 0.1 mi |
| 2. Turn right at Palmer Ave                               | 0.8 mi |
| 3. Turn right at CO-36 W/E Colfax Ave                     | 8.6 mi |
| 4. Turn left at N Lessig St                               | 0.3 mi |
| 5. Continue onto N Watkins Rd                             | 7.0 mi |
| 6. Turn right at E Quincy Ave                             | 6.0 mi |
| 7. Turn right at CO-30 W/S Gun Club Rd                    | 1.0 mi |
| 8. Take the 1st left onto E Hampden Ave                   | 6.0 mi |
| 9. Merge onto CO-83 N/S Parker Rd via the ramp to I-225 N | 2.1 mi |

- |  |        |
|--|--------|
| 10. Turn left at E Yale Ave  | 0.2 mi |
| 11. Take the 1st left onto S Havana St   | 1.0 mi |
| 12. Continue onto E Hampden Ave  | 5.9 mi |
| 13. Continue onto Hampden Bypass/E Jefferson Ave Continue to follow Hampden Bypass | 0.7 mi |
| 14. Continue onto W Hampden Ave  | 0.6 mi |
| 15. Take the ramp onto US-85 S/S Santa Fe Dr                                       | 3.2 mi |
| 16. Turn right at W Bowles Ave   | 3.4 mi |
| 17. Make a U-turn at W Long Dr Destination will be on the right                    | 0.3 mi |

[7306 W Bowles Ave Littleton, CO 80123](#)

**Day 18 Denver, CO to Grand Junction, CO by car**  
[Denver, CO](#)

- |  |        |
|--|--------|
| 1. Head south on Sherman St toward E 13th Ave  | 0.1 mi |
| 2. Take the 1st right onto E 13th Ave  | 0.8 mi |
| 3. Turn left at Kalamath St  | 0.7 mi |
| 4. Slight right at 6th Ave Fwy   | 1.3 mi |
| 5. Continue onto US-6 W  | 8.2 mi |
| 6. Take the exit onto I-70 W toward Grand Jct  | 225 mi |
| 7. Take exit 37 to merge onto I-70 BUS W/US-6 W/Interstate 70 Business Loop W toward Clifton/Grand Jct | 4.0 mi |
| 8. Slight left at I-70 BUS W/Interstate 70 Business Loop W   | 2.9 mi |
| 9. Turn left at S 13th St  | 351 ft |

[Grand Junction, CO](#)

**Day 19 Grand Junction, CO to Gateway, CO to Grand Junction, CO**

**Grand Junction, CO to Gateway, CO by car 51.3 miles**

### Grand Junction, CO

1. Head north on S 13th St toward Interstate 70 Business Loop W/Ute Ave 351 ft
2. Take the 1st left onto Interstate 70 Business Loop W/Ute Ave 0.7 mi
3. Turn left at S 5th St 1.0 mi
4. Continue onto US-50 E 8.3 mi
5. Turn right at CO-141 S 38.8 mi
6. Turn left at 6 3/10 Rd 2.6 mi

### Gateway, CO

#### **Gateway, CO to Grand Junction, CO by bike 51.3 miles**

##### Gateway, CO

1. Head west on 6 3/10 Rd toward CO-141 N 2.6 mi
2. Turn right at CO-141 N 38.8 mi
3. Turn left at CO-141 N/US-50 W/Alt Route Route State Hwy 141 Continue to follow US-50 W 9.2 mi
4. Turn right at Interstate 70 Business Loop E/Pitkin Ave 0.7 mi

##### Grand Junction, CO

#### **Day 20 Grand Junction, CO to Moab, UT**

#### **Grand Junction, CO to US-6/Cisco East Road, UT by car 53.1 miles**

##### Grand Junction, CO

1. Head north on S 13th St toward Interstate 70 Business Loop W/Ute Ave 351 ft
2. Take the 1st left onto I-70 BUS W/Interstate 70 Business Loop W/Ute Ave Continue to follow I-70 BUS W/Interstate 70 Business Loop W 6.4 mi
3. Continue onto US-50 W 5.4 mi
4. Turn right at S Maple St 0.4 mi
5. Head south on S Maple St toward E McCune Ave 0.4 mi

- |   |         |
|---|---------|
| 6. Take the 2nd right onto US-50 W        | 5.4 mi  |
| 7. Continue onto US-6 BUS E Entering Utah | 20.8 mi |
| 8. Turn left to stay on US-6 BUS E        | 0.4 mi  |
| 9. Continue onto Harley Dome Rd           | 5.2 mi  |
| 10. Turn left                             | 8.6 mi  |

**US-6/Cisco East Road, UT to Moab, UT by bike 58 miles**

- |  |         |
|--|---------|
| 1. Slight right toward US-6 BUS E/Crescent to Cisco East Rd                                  | 6.2 mi  |
| 2. Continue straight onto US-6 BUS E/Crescent to Cisco East Rd Continue to follow US-6 BUS E | 7.9 mi  |
| 3. Turn left at UT-128 W   | 41.6 mi |
| 4. Turn left at US-191 S/N Main St   | 2.1 mi  |
| 5. Turn right at W 400 N/4th N St Destination will be on the right                           | 0.2 mi  |

[181 W 400 N Moab, UT 84532](#)

**Day 21 Moab, UT to Salt Lake City, UT**

**Moab, UT to Springville, UT by car 184 miles**

[Moab, UT](#)

- |   |         |
|---|---------|
| 1. Head west on E Center St toward S Main St  | 269 ft  |
| 2. Take the 1st right onto US-191 N/N Main St Continue to follow US-191 N                       | 31.5 mi |
| 3. Turn left to merge onto I-70 W   | 23.8 mi |
| 4. Take exit 157 to merge onto US-191 N/US-6 W toward Price/Salt Lake Continue to follow US-6 W | 122 mi  |
| 5. Turn right at US-89 N/S State Rd Continue to follow US-89 N                                  | 5.4 mi  |
| 6. Continue straight onto S Main St   | 0.7 mi  |

7. Turn left at W 100 S 33 ft

[Springville, UT](#)

**Springville, UT to Salt Lake City, UT by bike 60.9 miles**

[Springville, UT](#)

1. Head east on W 100 S toward S Main St 33 ft
2. Take the 1st left onto US-89 N/S Main St Continue to follow US-89 N 5.0 mi
3. Turn left at E 300 S St 1.1 mi
4. Turn right at S 500 W 1.4 mi
5. Continue onto N State St 11.7 mi
6. Continue onto E Main St 0.9 mi
7. Turn right at NW State St 1.2 mi
8. Turn left at E Main St 1.6 mi
9. At the traffic circle, continue straight onto UT-73 W/W Main St 3.1 mi
10. Turn right at UT-68 N/10800 W/Redwood Rd Continue to follow UT-68 N/Redwood Rd 8.1 mi
11. Turn left at UT-154 N/Bangerter Hwy 19.0 mi
12. Turn right at California Ave 0.4 mi
13. Take the 1st left onto S 3800 W 0.6 mi
14. Continue onto W 900 S/W 9th S 1.5 mi
15. Continue onto Indiana Ave 0.7 mi
16. Turn left at S 1700 W/S Redwood Rd 0.7 mi
17. Turn right at W 400 S 2.1 mi
18. Turn left at S 300 W 0.7 mi

- 19. Turn right at W North Temple 0.6 mi
  - 20. Turn left at N State St (signs for State Route 184) Destination will be on the right 0.3 mi
- [350 N State St Salt Lake City, UT 84103](#)

**Day 23 Salt Lake City, UT to Elko, NV**

**Salt Lake City, UT to Wells, NV by car 181 miles**

[Salt Lake City, UT](#)

- 1. Head north on S Main St toward W 300 S/W Broadway 0.1 mi
- 2. Take the 1st left onto W 300 S/W Broadway 0.2 mi
- 3. Turn left at SW Temple 0.3 mi
- 4. Take the 2nd right onto W 500 S/Cesar E. Chavez Blvd 0.6 mi
- 5. Merge onto I-80 W via the ramp to Reno/S.L. International Airport Entering Nevada 178 mi
- 6. Take exit 352A for US-93 toward E Wells 0.3 mi
- 7. Turn right at US-93 N 0.1 mi
- 8. Take the 1st left onto 6th St 0.8 mi

[Wells, NV](#)

**Wells, NV to Elko, NV by bike 55.6 miles**

[Wells, NV](#)

- 1. Head northwest on 6th St toward Lake Ave 6.5 mi
- 2. Slight right 6.1 mi
- 3. Turn right toward NV-230 W/Starr Valley Rd 4.9 mi
- 4. Turn left toward NV-230 W/Starr Valley Rd 144 ft
- 5. Turn right at NV-230 W/Starr Valley Rd 1.9 mi
- 6. Turn left toward Merganser Ave 5.6 mi
- 7. Continue straight onto Merganser Ave 7.8 mi

8. Turn right toward Columbia River Blvd 1.5 mi
9. Sharp left at Columbia River Blvd 1.8 mi
10. Turn right at 3rd St 0.2 mi
11. Turn left at Owyhee River Blvd 0.3 mi
12. Turn right at 2nd St 1.1 mi
13. Turn left at Old Devils Gate Rd 0.7 mi
14. Slight right toward Frontier Rd 1.0 mi
15. Slight right at Frontier Rd 0.7 mi
16. Continue onto Indian Hill 0.2 mi
17. Continue onto 5th St/Goldrush Continue to follow Goldrush 0.7 mi
18. Continue onto 5th St/Indian Hills Dr 495 ft
19. Continue onto Goldrush 0.5 mi
20. Turn left at Iroquois 0.2 mi
21. Turn right at Gold Rush Dr 0.6 mi
22. Slight right toward Silverado 0.2 mi
23. Turn left at Silverado 200 ft
24. Slight right toward Limousine Dr 0.3 mi
25. Continue straight onto Limousine Dr 0.8 mi
26. Slight left at Sioux Ave 0.3 mi
27. Sioux Ave turns right and becomes Victory Blvd 0.7 mi
28. Slight left toward Piute/Victory Blvd 0.6 mi

- |  |        |
|--|--------|
| 29. Turn left at Piute/Victory Blvd                        | 0.1 mi |
| 30. Turn left at E Idaho St                                | 0.1 mi |
| 31. Turn right to stay on E Idaho St                       | 2.0 mi |
| 32. Continue onto Old Hwy 40 E                             | 1.7 mi |
| 33. Turn left toward Manzanita Ln                          | 2.8 mi |
| 34. Turn left at Manzanita Ln                              | 1.4 mi |
| 35. Turn left at Idaho St                                  | 0.3 mi |
| 36. Turn right at College Ave                              | 0.7 mi |
| 37. Turn right at 9th St                                   | 108 ft |
| 38. Turn left at Juniper St                                | 0.3 mi |
| 39. Turn right at 5th St                                   | 0.1 mi |
| 40. Turn left at Cedar St                                  | 0.4 mi |
| 41. Turn right at A St                                     | 0.1 mi |
| 42. Turn left at W Ash St                                  | 0.2 mi |
| 43. Turn right at Dotta Dr Destination will be on the left | 118 ft |

[Hillside Park Elko, Nevada 89801](#)

**Day 24 Elko, NV to Reno, NV**

**Elko, NV to Wadsworth, NV by car 257 miles**

[Elko, NV](#)

- |   |        |
|---|--------|
| 1. Head southwest on NV-535 W/Idaho St toward 4th St Continue to follow NV-535 W  | 3.7 mi |
| 2. Turn left to merge onto I-80 W   | 252 mi |
| 3. Take exit 46 toward W Fernley  | 0.1 mi |
| 4. Keep right at the fork, follow signs for Wadsworth/Pyramid Lake and merge onto | 1.5 mi |

NV-427 W

5. Turn right at Virginia St 197 ft
6. Slight left at School St 200 ft
7. Continue onto Railroad Ave 367 ft

[Wadsworth, NV](#)

**Wadsworth, NV to Reno, NV by bike 61.8 miles**

[Wadsworth, NV](#)

1. Head northwest on Railroad Ave toward Oak Ave 23 ft
2. Take the 1st left onto 5th St/Short St Continue to follow 5th St 0.3 mi
3. Turn right at NV-447 N/Washeim St Continue to follow NV-447 N 14.7 mi
4. Turn left at NV-446 W/Sutcliffe Hwy 13.0 mi
5. Sharp left at NV-445 S/Pyramid Lake Rd Continue to follow NV-445 S 28.4 mi
6. Turn left at N McCarran Blvd 5.1 mi
7. Turn right at S Rock Blvd Destination will be on the right 0.2 mi

[1090 S Rock Blvd Reno, NV 89502](#)

**Day 25 Reno, NV to Sacramento, CA**

**Reno, NV to Colfax, CA by car 83.7 miles**

[Reno, NV](#)

1. Head north on Old U.S. 395 N/US-395 BUS N/N Virginia St toward W 4th St 0.4 mi
2. Turn left at W 8th St 394 ft
3. Take the ramp onto I-80 W Entering California 82.7 mi
4. Take exit 135 toward Colfax/Grass Valley/CA-174 W 499 ft
5. Merge onto S Auburn St 0.4 mi
6. Turn left at Grassvalley St 0.1 mi

7. Take the 1st right onto N Main St 102 ft

[Colfax, CA](#)

**Colfax, CA to Sacramento, CA by bike 57.9 miles**

[Colfax, CA](#)

1. Head south on N Main St toward Grassvalley St 102 ft
2. Take the 1st left onto Grassvalley St 0.1 mi
3. Slight right at S Auburn St 2.4 mi
4. Turn right at Placer Hills Rd 220 ft
5. Turn left to stay on Placer Hills Rd 9.2 mi
6. Turn right at Lake Arthur Rd 1.5 mi
7. Turn left at Christian Valley Rd 0.1 mi
8. Continue onto Bowman Rd 2.6 mi
9. Turn left at Auburn Ravine Rd (signs for I-80/Reno) 0.1 mi
10. Take the 1st right onto Lincoln Way 1.6 mi
11. Turn right at CA-49 N/EI Dorado St Continue to follow CA-49 N 0.5 mi
12. Continue onto High St 0.5 mi
13. Turn left at Auburn Folsom Rd/Sacramento St Continue to follow Auburn Folsom Rd 14.8 mi
14. Continue onto Folsom-Auburn Rd 2.2 mi
15. Continue onto Folsom Blvd 20.2 mi
16. Turn left at Alhambra Blvd 0.2 mi
17. Turn right at P St 1.6 mi
18. Turn right at 10th St 0.2 mi

[10th St & Capitol Mall Sacramento, CA 95814](#)

## **Day 27 Sacramento, CA to San Francisco, CA**

### **Sacramento, CA to Sonoma, CA by car 68.8 miles**

#### **Sacramento, CA**

1. Head south on 9th St toward J St 0.3 mi
2. Turn right at Capitol Mall 0.7 mi
3. Continue onto CA-275 W 0.8 mi
4. Take the ramp onto US-50 W 2.6 mi
5. Merge onto I-80 W 42.2 mi
6. Exit onto CA-12 W/Jameson Canyon Rd toward Napa/Sonoma 6.2 mi
7. Turn right at CA-12 W/CA-29 N/Napa Vallejo Hwy (signs for State Hwy 12/Napa/Sonoma) Continue to follow CA-12 W/CA-29 N 4.0 mi
8. Turn left at CA-12 W/CA-121 S Continue to follow CA-12 W 12.0 mi
9. Turn left at W Napa St 52 ft

#### **Sonoma, CA**

### **Sonoma, CA to San Francisco, CA by bike 66 miles**

#### **Sonoma, CA**

1. Head east on W Napa St toward Broadway 52 ft
2. Turn right at CA-12 E/Broadway 1.8 mi
3. Turn right at W Watmaugh Rd 1.2 mi
4. Turn left at Arnold Dr 0.4 mi
5. Turn right at CA-116 W/Stage Gulch Rd/State Route 116 (signs for Petaluma) 3.2 mi
6. Continue onto Old Adobe Rd 3.2 mi
7. Continue onto Frates Rd 0.6 mi
8. Turn right at Clubhouse Dr 446 ft

9. Turn left at Adobe Creek Dr	0.3 mi
10. Turn left to stay on Adobe Creek Dr	0.1 mi
11. Turn right at Ely Blvd S	0.3 mi
12. At the traffic circle, continue straight to stay on Ely Blvd S	0.8 mi
13. Turn left at Caulfield Ln	1.3 mi
14. Turn right at Payran St	0.6 mi
15. Turn left at E D St	5.1 mi
16. Continue onto Petaluma Point Reyes Rd/Point Reyes Petaluma Rd/Red Hill Rd	4.0 mi
17. Turn left at Novato Blvd	9.7 mi
18. Turn left at Rowland Blvd	36 ft
19. Turn right at S Novato Blvd	1.1 mi
20. Turn right at Redwood Blvd	0.7 mi
21. Turn left toward Entrada Dr	0.1 mi
22. Turn left at Entrada Dr	0.3 mi
23. Turn left to stay on Entrada Dr	0.1 mi
24. Turn right at Enfrente Rd	0.2 mi
25. Turn right at Ignacio Blvd	0.1 mi
26. Turn left at Alameda Del Prado	1.5 mi
27. Turn left toward Marinwood Ave	1.2 mi
28. Turn right at Marinwood Ave	184 ft
29. Turn left at Blackstone Dr	0.2 mi

30. Turn left to stay on Blackstone Dr	308 ft
31. Turn left at Las Gallinas Ave	1.6 mi
32. Turn right at Las Colindas Rd	0.2 mi
33. Slight left at Las Pavadas Ave	0.2 mi
34. Turn right at Manuel T Freitas Pkwy	0.8 mi
35. Continue onto Mission Pass Terrace	0.3 mi
36. Turn right at Fawn Dr	0.4 mi
37. Turn right to stay on Fawn Dr	0.1 mi
38. Turn left at Butterfield Rd	1.1 mi
39. Slight right at Suffield Ave	312 ft
40. Turn left at Oak Knoll Ave	0.3 mi
41. Turn right at San Anselmo Ave	0.1 mi
42. Turn left to stay on San Anselmo Ave	0.6 mi
43. Turn left to stay on San Anselmo Ave	0.3 mi
44. Turn right to stay on San Anselmo Ave	0.6 mi
45. Turn right at Bolinas Ave	285 ft
46. Turn left at Shady Ln	0.5 mi
47. Turn left at Lagunitas Rd	0.1 mi
48. Turn right at Sylvan Ln	1.0 mi
49. Turn right	0.8 mi
50. Turn right	0.1 mi

51. Slight left at Bon Air Rd	0.5 mi
52. Slight right at Magnolia Ave	0.2 mi
53. Turn left at E Ward St	351 ft
54. Turn right toward Larkspur Path (Corte Madera-Larkspur Path)	0.3 mi
55. Continue straight onto Larkspur Path (Corte Madera-Larkspur Path)	0.3 mi
56. Turn left at Montecito Dr	331 ft
57. Turn left at Redwood Ave	154 ft
58. Redwood Ave turns slightly right and becomes Tamalpais Dr	0.6 mi
59. Turn right at Sanford St	98 ft
60. Turn left at Casa Buena Dr	1.0 mi
61. Continue straight onto Meadowsweet Dr	0.1 mi
62. Continue onto Redwood Hwy	0.3 mi
63. Continue onto Lomita Dr	0.1 mi
64. Turn left at Shell Rd	0.1 mi
65. Continue onto Meadow Dr	0.4 mi
66. Turn right at Ashford Ave	0.2 mi
67. Turn left at Lomita Dr	23 ft
68. Turn right toward Mill Valley-Sausalito Path	151 ft
69. Turn left at Mill Valley-Sausalito Path	3.1 mi
70. Turn left at Harbor Dr	95 ft
71. Turn right at Marinship Way	0.3 mi

72. Turn right to stay on Marinship Way	0.3 mi
73. Turn left at Bridgeway	1.3 mi
74. Turn right at Richardson St	249 ft
75. Turn left at 2nd St	0.2 mi
76. Slight left at South St	476 ft
77. South St turns slightly right and becomes Alexander Ave	1.0 mi
78. Turn left	0.4 mi
79. Slight right toward Lincoln Blvd	1.8 mi
80. Turn left toward Lincoln Blvd	0.1 mi
81. Turn left at Lincoln Blvd	0.2 mi
82. Sharp left at Long Ave	0.3 mi
83. Sharp right	1.2 mi
84. Turn right	0.1 mi
85. Turn left	0.3 mi
86. Slight left toward Laguna St	1.0 mi
87. Turn left at Laguna St	52 ft
88. Turn left toward Bay St	46 ft
89. Turn right toward Bay St	0.1 mi
90. Turn left toward Bay St	404 ft
91. Turn right toward Bay St	62 ft
92. Turn left at Bay St	33 ft

- |   |        |
|---|--------|
| 93. Turn right at Octavia St                                    | 341 ft |
| 94. Turn left at Francisco St                                   | 0.4 mi |
| 95. Turn right at Polk St                                       | 1.6 mi |
| 96. Turn left at McAllister St Destination will be on the right | 230 ft |

[355 McAllister St San Francisco, CA 94102](#)

**Day 28 San Francisco, CA to San Jose, CA by bike 48.7 miles**  
[San Francisco, CA](#)

- |   |         |
|---|---------|
| 1. Head northeast on Market St toward S Van Ness Ave                          | 52 ft   |
| 2. Turn right at S Van Ness Ave   | 1.9 mi  |
| 3. Turn right at Cesar Chavez St  | 0.1 mi  |
| 4. Take the 1st left onto Mission St  | 0.6 mi  |
| 5. Turn right at Randall St   | 190 ft  |
| 6. Turn left at San Jose Ave  | 3.2 mi  |
| 7. Continue onto CA-82 S/Mission St Continue to follow CA-82 S                | 25.0 mi |
| 8. Turn left at Palo Alto Ave   | 0.1 mi  |
| 9. Continue onto Alma St  | 4.3 mi  |
| 10. Continue onto Central Expy  | 9.6 mi  |
| 11. Turn left at De La Cruz Blvd/W Trimble Rd Continue to follow W Trimble Rd | 1.3 mi  |
| 12. Turn right at N 1st St  | 2.5 mi  |
| 13. Turn right at W Younger Ave Destination will be on the right              | 266 ft  |

[55 W Younger Ave San Jose, CA 95110](#)

**Day 29 San Jose, CA to San Luis Obispo, CA**

**San Jose, CA to Bradley, CA by car 138 miles**  
[San Jose, CA](#)

1. Head northwest on N Market St toward W Julian St 207 ft
2. Take the 1st left onto W Julian St 0.3 mi
3. Take the ramp onto CA-87 S 5.9 mi
4. Take exit 1A for State 85 S toward Gilroy 0.9 mi
5. Merge onto CA-85 S/State 85 4.8 mi
6. Merge onto US-101 S 125 mi
7. Take exit 251 toward Bradley 0.2 mi
8. Turn left at Bradley Rd 341 ft
9. Turn right to stay on Bradley Rd 0.9 mi
10. Take the 2nd left onto Pleyto St 279 ft
11. Turn right at Meadow Ave 256 ft

[Bradley, CA](#)

**Bradley, CA to San Luis Obispo, CA by bike 63.5 miles**

[Bradley, CA](#)

1. Head east on Meadow Ave toward Salinas St 95 ft
2. Take the 1st right onto Salinas St 269 ft
3. Take the 1st left onto Bradley Rd 5.4 mi
4. Turn right at Tower Rd 177 ft
5. Take the 2nd left onto G St 0.8 mi
6. Turn left at Arizona Blvd 1.7 mi
7. Turn left at S Dakota Ave 472 ft
8. Take the 1st right onto Kansas Ave 0.2 mi
9. Kansas Ave turns slightly left and becomes San Miguel Ave 1.4 mi

- |   |         |
|---|---------|
| 10. Continue onto Mission St  | 2.0 mi  |
| 11. Turn left at 14th St  | 361 ft  |
| 12. Continue onto N River Rd  | 4.7 mi  |
| 13. Turn right at N River Rd/Wellsona Rd Continue to follow N River Rd    | 4.9 mi  |
| 14. Turn right at N River Rd/Union Rd Continue to follow N River Rd       | 1.1 mi  |
| 15. Turn right at Niblick Rd  | 0.6 mi  |
| 16. Continue onto 1st St  | 0.1 mi  |
| 17. Turn left at S Vine St  | 1.8 mi  |
| 18. Turn right at CA-46 W/Green Valley Rd                                 | 10.4 mi |
| 19. Turn left at Santa Rosa Creek Rd                                      | 75 ft   |
| 20. Continue onto Cayucos Rd/Old Creek Rd Continue to follow Old Creek Rd | 9.1 mi  |
| 21. Turn left at CA-1 S/Cabrillo Hwy                                      | 17.0 mi |
| 22. Continue onto Santa Rosa St   | 0.5 mi  |
| 23. Turn right at Higuera St  | 1.2 mi  |
| 24. Turn right at Madonna Rd Destination will be on the right             | 0.2 mi  |

[100 Madonna Rd San Luis Obispo, CA 93405](#)

**Day 32 San Luis Obispo, CA to Santa Barbara, CA**

**San Luis Obispo, CA to Mission Hills, CA by car 53.3 miles**  
[San Luis Obispo, CA](#)

- |   |        |
|---|--------|
| 1. Head southwest on Monterey St toward Santa Rosa St | 125 ft |
| 2. Take the 1st left onto Santa Rosa St               | 295 ft |
| 3. Take the 1st right onto Higuera St                 | 0.8 mi |
| 4. Turn right at Marsh St                             | 0.2 mi |

- |   |         |
|---|---------|
| 5. Take the ramp onto US-101 S                                      | 10.7 mi |
| 6. Take exit 191A for CA-1 S toward Pismo Beach/Wadsworth Ave       | 0.2 mi  |
| 7. Slight right at CA-1 S/Dolliver St Continue to follow CA-1 S     | 31.2 mi |
| 8. Continue onto CA-135 S/Vandenberg Rd Continue to follow CA-135 S | 3.0 mi  |
| 9. Turn right at Harris Grade Rd                                    | 0.7 mi  |
| 10. Take the 1st right to stay on Harris Grade Rd                   | 4.6 mi  |
| 11. Turn left at Rucker Rd  | 1.8 mi  |
| 12. Turn left at Calle Segundo                                      | 344 ft  |

[Mission Hills, CA](#)

**Mission Hills, CA to Santa Barbara, CA by bike 54.9 miles**

[Mission Hills, CA](#)

- |  |         |
|--|---------|
| 1. Head west on Calle Segundo toward Via Arnez | 344 ft  |
| 2. Turn left at Rucker Rd                      | 0.8 mi  |
| 3. Turn left at Purisima Rd                    | 2.0 mi  |
| 4. Turn left at CA-246 E                       | 7.6 mi  |
| 5. Turn right at Mail Rd                       | 0.4 mi  |
| 6. Turn left at Domingos Rd                    | 0.6 mi  |
| 7. Turn right at CA-246 E                      | 13.7 mi |
| 8. Turn right at CA-154 E/San Marcos Pass Rd   | 15.1 mi |
| 9. Turn right toward Stagecoach Rd             | 0.1 mi  |
| 10. Sharp left at Stagecoach Rd                | 1.3 mi  |
| 11. Turn left to stay on Stagecoach Rd         | 213 ft  |
| 12. Turn right at CA-154 E/San Marcos Pass Rd  | 2.3 mi  |

- |  |        |
|--|--------|
| 13. Turn right at San Marcos                                 | 1.5 mi |
| 14. Turn right at N San Marcos Rd                            | 2.2 mi |
| 15. Turn left at Cathedral Oaks Rd                           | 0.2 mi |
| 16. Turn right at Vala Dr                                    | 0.2 mi |
| 17. Turn left at La Ramada Dr                                | 354 ft |
| 18. Turn right at N Turnpike Rd                              | 0.8 mi |
| 19. Turn left at Hollister Ave                               | 0.3 mi |
| 20. Turn right at Puente Dr                                  | 440 ft |
| 21. Turn left at Vista Buena Rd                              | 0.2 mi |
| 22. Turn right at Arroyo Rd                                  | 220 ft |
| 23. Turn left at Nueces Dr                                   | 0.8 mi |
| 24. Turn right at Modoc Rd                                   | 2.8 mi |
| 25. Turn left at W Mission St                                | 302 ft |
| 26. Turn right at San Pascual St                             | 0.5 mi |
| 27. Turn left at W Micheltorena St                           | 0.2 mi |
| 28. Turn right at Castillo St                                | 0.3 mi |
| 29. Turn left at W Anapamu St                                | 0.5 mi |
| 30. Turn right at Anacapa St Destination will be on the left | 226 ft |

[1100 Anacapa St Santa Barbara, CA 93101](#)

**Day 33 Santa Barbara, CA to Los Angeles, CA**

**Santa Barbara, CA to Oxnard, CA by car 37.7 miles**

[Santa Barbara, CA](#)

1. Head southeast on Anacapa St toward E Ortega St 0.3 mi

- |                                       |         |
|---------------------------------------|---------|
| 2. Take the 3rd left onto E Haley St  | 0.2 mi  |
| 3. Take the 2nd right onto Garden St  | 0.2 mi  |
| 4. Turn left to merge onto US-101 S   | 33.7 mi |
| 5. Take exit 62B for CA-1/Oxnard Blvd | 0.4 mi  |
| 6. Turn right at CA-1 S/N Oxnard Blvd | 2.8 mi  |
| 7. Turn left at E 5th St              | 105 ft  |

[Oxnard, CA](#)

**Oxnard, CA to Los Angeles, CA by bike 60.5 miles**

[Oxnard, CA](#)

- |   |         |
|---|---------|
| 1. Head east on E 5th St toward Meta St   | 1.0 mi  |
| 2. Turn right at S Rose Ave   | 1.5 mi  |
| 3. Turn left at CA-1 S/S Oxnard Blvd  | 1.1 mi  |
| 4. Take the ramp onto CA-1 S/Pacific Coast Hwy  | 43.0 mi |
| 5. Continue onto I-10 E   | 8.2 mi  |
| 6. Take exit 8 for La Brea Ave  | 0.2 mi  |
| 7. Keep left at the fork, follow signs for La Brea Ave N and merge onto S La Brea Ave | 1.8 mi  |
| 8. Turn right at Edgewood Pl  | 0.2 mi  |
| 9. Slight left at S Highland Ave  | 0.4 mi  |
| 10. Slight left to stay on S Highland Ave   | 174 ft  |
| 11. Take the 1st right to stay on S Highland Ave                                      | 2.5 mi  |
| 12. Turn right at W Sunset Blvd Destination will be on the right                      | 0.5 mi  |

[6430 Sunset Blvd Los Angeles, CA 90028](#)